#### MASS SCHEDULE

ALL MASSES IN THE CHURCH LIMITED TO 25% CAPACITY

SATURDAY VIGIL MASS 5:30 PM

SUNDAY MASS 7:30 AM 9:00 AM LIVESTREAM

11:00 AM OUTDOOR, WEATHER PERMITTING OTHERWISE, IN THE CHURCH

MONDAY - FRIDAY MASS 8:15 AM

SACRAMENT OF PENANCE

SATURDAY 4:30-5:15 PM OR BY APPOINTMENT ADORATION OF THE BLESSED SACRAMENT EVERY THURSDAY 9:00 AM-5:00 PM

Fr. Lawrence J. Beck\* Pastor

Fr. Pepin Dandou\* Parochial Vicar

Dan Haverty\* Jim Hopp\* Robert Shauger Deacons

Jeremy Youngers\* Parish Life Director

Susie Calise

School Ministry Bookkeeper Gary Coan

Facilities Manager

Diane Marshall Parish Bookkeeper

Lori Mueller

Ministry Outreach Coordinator

Cynthia Mulcaire\* Director of New Evangelization for Pre-K - 8th Grades & Adults

Denise Remick\* School Ministry Principal

Rob Sabino

Director of Music Ministries

Loretta Steichen Administrative Assistant

\* Member of Senior Leadership Team

#### **OUR PURPOSE:**

To proclaim the Gospel so that all will be one in Christ for the glory of God.

#### **OUR VISION:**

Holy Trinity Parish is a Catholic community forming missionary disciples who live as stewards committed to hospitality, prayer, formation and service.

### March 21, 2021 • Fifth Sunday of Lent

Please read our bulletin and visit our website for updated information: www.holytrinityparish.org

- Church hours: Sundays 7:30 AM-4:00 PM; Monday-Saturday 8:00 AM-4:00 PM
- Parish Office hours: Monday-Friday 8:45 AM-4:00 PM

#### **Upcoming Events:**

Mar. 26 Stations of the Cross 6:00 PM in church

Mar. 27/28 Easter Ham Collection for El Dorado County Food Bank

Mar. 28 Palm Sunday – normal Sunday Mass times Mar. 28 Youth Ministry Rosary Event 2:00 PM

Holy Thursday Mass 7:00 PM in church & Live Stream followed by in-Apr. 1

vehicle Communion Ecumenical Service Noon in church Apr. 2

Apr. 2 Good Friday 7:00 PM in church & Live Stream

Apr. 3 Easter Vigil 8:00 PM in church & Live Stream

Apr. 4 Easter Sunday Masses:

7:30 AM – in church & Live Stream

9:00 AM - in church & Live Stream followed by in-vehicle Commur

11:00 AM – outside on Parish Green, weather permitting

First Eucharist practice & photo session 12:30 PM Social Center Patio Apr. 18

phone: (530) 677-3234 • fax: (530) 350-4080 • For emergencies, call (530) 677-3234, press 6

Acting as Christ the Shepherd, a parish committed to stewardship is a true community of faith that welcomes, honors, and involves every person in the life and work of the Church, acknowledging the blessing of our richly different backgrounds and experiences.

#### **Expanded Confession Schedule**

In lieu of a communal Lenten Penance Service this year, we are offering expanded opportunities to receive our Lord's mercy and forgiveness in the Sacrament of Penance and Reconciliation. In addition to the regular time on Saturdays (4:30 to 5:15 PM), we are providing the following opportunities:

#### First through Fifth Weeks of Lent (through Mar. 26)

- Mondays: 5:00 6:30 PM (Rooms 1A/1B)
- Thursdays: Noon 1:00 PM (View Room)

Also, Saturday Confessions as usual and by personal appointment. Please note, **no Confessions will be heard during Holy Week.** 

#### **Tuesday Morning Scripture Study**

The Tuesday morning Scripture study group continues to meet via Zoom, from 9:15-11:00 AM. The next study is:

• Runs through May 4, 2021 (not too late to join): Stewardship of the Earth (\$12 cost for book)

Please contact Judy Silva: jdysilva@yahoo.com or Susie Hahn: sf hahn@yahoo.com.

### **Vocations Ministry**

We are so happy and grateful to have our priests, but they're getting older and we need more of them!!! Our Vocations Ministry is looking for more people to join us. This important ministry is needed to promote awareness and ongoing prayers for vocation to the priesthood, sisters and religious life. If you're interested in joining, please call the parish office.

# College Age & Young Professionals Lenten Study

Monday evenings, join us for an online Lenten Devotional study at 7:00 PM. All young adults (ages 18+) are welcome to join us for this 7-week devotional group as we read the devotional "Not by Bread Alone." Text Bevyn at 916-293-2280 for more information.

#### **Youth Ministry**

Calling all 8th-12th graders! Youth Ministry has several live get-togethers planned for the remaining semester, including:

- March 28, 2:00-4:00 PM: Join us for an afternoon of social time and crafting as we move back into our youth center and make rosaries to share with others.\*
- April 11: We are joining the Young Adult Youth Ministry for a beautiful spring hike! Details to follow.
- April 10 and April 11: The Giving Garden has invited us to help distribute blessing bags at the 5:30 PM and 9:00 AM Masses.\*
- April 25: Seniors, save this date for a special event just for you!
- mid-May: End-of-semester BBQ/game day!
- Ongoing: Our Deacons can still use our help setting up/cleaning up the weekly 11:00 AM Outdoor Mass.\*

Our upcoming events are regularly posted on our webpage at <a href="www.holytrinityparish.org/ym">www.holytrinityparish.org/ym</a>. Please check back often as we get rsvp links posted. We look forward to seeing everyone soon!

\*Confirmation ministry hours can be earned through our service events!

#### Livestream Team

Are you ready to become a part of the fastest growing and furthest reaching team at Holy Trinity Parish? Our Livestream Team continues to serve our parish and our larger community having reached over 400,000 searches and 71,000 views since we began in March 2020. This team is providing a most necessary service that nearly every parishioner has benefited from during the pandemic. No experience needed, but basic knowledge of computers and video/photography would be a plus. If you are interested in helping Holy Trinity take a next step in achieving our purpose, please contact Richard: <a href="http://holytrinityparish.org">http://holytrinityparish.org</a>



Acting as Christ the Priest, a parish committed to stewardship strives to nourish each person through prayer, strengthening our relationship with the Father, Son, and Holy Spirit and focusing on the Eucharist, the "source and summit of the Christian Life."

#### Palm Sunday

Due to the pandemic guidelines, our distribution of Palms for our Palm Sunday liturgies has been modified slightly to ensure they are safely distributed. This year there will be no procession from outside into the church. Palms will be handed out by the Greeters wearing gloves as each person enters the church for Mass. The palms will have been blessed prior to the Mass. We have reduced the number of palms purchased this year, so extra palms will be available only after the 11:00 AM Mass on Sunday.

## Virtual Scripture Study- A Quick Journey Through the Bible

Many Catholics want to read the Bible because they know it is God's Word, but they give up because it seems complicated. Unlocking the Mystery of the Bible helps you get the "big picture" by showing how fourteen narrative books of the Bible tell the complete story from Adam and Eve to Christ and the Church. Presenter Jeff Cavins shows you how to read the Bible so that you can actually understand it. This eightsession study began March 4 but it's not too late to join. We will help you discover the story of salvation history and understand how you fit into God's plan. Call the Faith Formation Office email or cmulcaire@holytrinityparish.org.

### Thursday Hybrid Scripture Study

This group meets in the View room or from home via Zoom. In *The Prophets: Messengers of God's Mercy*, presenter Thomas Smith examines who the prophets were, their role during their time, and the meaning of their messages for our own time. It is nearly impossible to understand the work and the message of Jesus without the prophetic books. To purchase your study set: <a href="https://ascensionpress.com/collections/prophets-messengers-of-gods-mercy">https://ascensionpress.com/collections/prophets-messengers-of-gods-mercy</a>. After purchasing the study set, email <a href="mailto:cmulcaire@holytrinityparish.org">cmulcaire@holytrinityparish.org</a> to put your name on the Scripture study list. Please indicate in your email if you will be attending in person or virtually.

#### **MASS INTENTIONS**

Monday, Mar. 22

8:15 AM Marcelita Intud Viagedor, deceased, by

Cabusao family

Tuesday, Mar. 23

8:15 AM Angeline Coiro, deceased, by James &

Guylene

Wednesday, Mar. 24

8:15 AM Pasquale Accettura, deceased, by Chimenti

family

Thursday, Mar. 25

8:15 AM Fe Maggay, deceased, by Nina De Guzman

Friday, Mar. 26

8:15 AM Esperanza Lipardo, deceased, by Rose

Guerrero

Saturday, Mar. 27

5:30 PM Jerome Froland, deceased, by Cabusao

family

Sunday, Mar. 28

7:30 AM Richard Steele, deceased, by Cabusao

tamily

9:00 AM David Rhoads, deceased, by Marlene

Rhoads & family

11:00 AM Parishioners of Holy Trinity

For DAILY READINGS

Please visit us @ holytrinityparish.org or
www.usccb.org/bible/readings/032121.cfm

#### Adoration of the Blessed Sacrament

Holy Trinity Parish has weekly Adoration of the Blessed Sacrament from 9:00 AM – 5:00 PM every Thursday (also listed on front page of the bulletin). To sign up, please email Loretta Allsup: <a href="mailto:lorettaallsup@mac.com">lorettaallsup@mac.com</a> or text 4089669424 to sign up.



Acting as Christ the Teacher, a parish committed to stewardship emphasizes, through evangelization and catechesis, the development of households of faith, where our Catholic story as the Body of Christ is lived and shared with one another.

# Questions for Faith Sharing March 28, 2021 Palm Sunday of the Passion of the Lord

In next week's Gospel, Mark 14:1-15; 47, we hear the long story of the arrest, torture and death of Jesus as we begin Holy Week. We also hear Jesus' foretelling of Peter's denial, Jesus' prayer in the garden, Judas' denial, Jesus' arrest and trial, and, finally, his death and burial.

#### **Reflection for families:**

 In preparation of Holy Week, perhaps we can reflect on whether we are generous or judgmental in how we view the actions of others.



#### Pick of the Week

# Brother Francis: The Stations of the Cross for Children

Join Brother Francis as he follows our Lord on his way to the Cross. This episode includes a short introduction to the traditional Stations of the Cross, and how meditating upon them brings us closer to our Savior. The traditional 14 stations are beautifully illustrated with 14 thought-provoking meditations composed especially for children, including a moving song, "What More Can He Give."

This episode of Brother Francis is only on Formed.org for a limited time! Watch it now, because it leaves after Easter.

#### **Confirmation Groups Update**

https://www.holytrinityparish.org/sacraments

St. Oscar Romero Group (Year 2):

- The next activity for candidates ONLY is our Combined Confirmation Session "United" offered via Zoom on Thursday, April 22 (6:30-8:00 PM) OR Sunday, April 25 (12:30-2:00 PM). The sign up link and more information will be emailed to you.
- Service Hours: Service opportunities (at-home and in-person) are emailed monthly. Service hours must be completed by May 2021.
- Confirmation Forms: The Confirmation Certificate and Sponsor Forms are located in the back pocket of your Confirmation folder. Please complete the Certificate Form, have your sponsor take the Sponsor Form to be signed at their parish and submit both to the Faith Formation Office.

St. Perpetua Group (Year 1):

- Our next activity will be a meeting for parents ONLY in May. Further information to be sent by email.
- Please submit your Saint Letter and Saint Project to the Faith Formation Office by April 9.
- If you have a student who would like to prepare for the Sacrament of Confirmation, please contact Linda Macys: (<u>LMacys@holytrinityparish.org</u>).

### Alpha Online

If you haven't tried Alpha yet, it's never been easier to come and check it out. Our next Alpha On-Line session is **Friday, March 26**, and we're taking sign-ups now: <a href="https://www.holytrinityparish.org/alpha">https://www.holytrinityparish.org/alpha</a>. Join Deacon Dan and his team to reignite your faith and learn more about our Lord, Jesus Christ!

To learn more about *FORMED.org* go to: www.holytrinityparish.org/formed

Putting into action our commission as Christ the Shepherd, Priest, and Teacher, a parish committed to stewardship serves the many needs of its own parish family, as well as the needs of the larger community and the world.

#### Stewardship...

"Not as man sees does God see, because man sees the appearance but the Lord looks into the heart." (1 Samuel 16:7)

How often do we invest our time, talent, and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car, and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent, and treasure here on earth.

#### Consider making your gift electronically:

~Sign up for EFT <u>www.holytrinityparish.org/donate</u>

### **Becoming Catholic (RCIA)**

Please keep our elect and candidates in your daily prayers as they enter the final preparation for the Easter sacraments.

Elect: Monica Ferguson, Evan Gourlay, Nolan Haislip, Graeme Hamilton, Josie Nugent, Sofia Witt

Candidates: Vickie Christensen, Katie Crawford, Rebecca Hutchins, Garland Molina, Caroline Vielhauer

#### New group forming!

If you are interested in becoming Catholic or know someone who is, please contact Cynthia in the Faith Formation Office: <a href="mailto:cmulcaire@holytrinityparish.org">cmulcaire@holytrinityparish.org</a>

#### **Sound Ministry Team**

Are you ready to become a part of the team at Holy Trinity Parish responsible for everything you hear in the church and on livestream? Our Sound Ministry Team continues to serve our parish and our larger community making sure the spoken word and music are clear and understandable. This team is providing a most necessary service for every Mass and event. No experience needed, but if you have worked sound mix either analog or digital in the past this is a plus. If you are interested in helping Holy Trinity provide this necessary service, please contact Kevin: <a href="http://https://ht





#### HELP SAVE LIVES IN SACRAMENTO!

You can protect mothers and children joining this worldwide mobilization to and fast for an end to abortion!

Through prayer and fasting, peaceful vi and community outreach, 40 Days for I has inspired 1,000,000 volunteers!

With God's help, here are the proven results in 25 coordinated campaigns:

•17,994 babies saved from abortion

•211 abortion workers converted

•107 abortion centers closed

Here's how to take part in 40 Days for Life in our community:

- Vigil location: FPA Abortion Clinic, 2322 Butano Drive, Sacramento
- Vigil hours: Mondays, Tuesdays, Thursdays and Fridays: 8:00am to 6:00pm Wednesdays: 11:00am to 6:00pm Saturdays: 10:00am to 11:00am
- Local contacts: Wynette: 916-955-1577 wynettesills@gmail.com OR Susan: 530-320-1614 susanalive@gmail.com For weekly updates please go to Forty Days for Life Sacramento on Facebook.

Get involved! Sign up for prayer times by visiting our campaign at the web address below!

40daysforlife.com/sacramento



"When I was hungry, you gave me something to eat."

# **Easter Ham Collection**

For

# Food Bank of El Dorado County

# The Knights of Columbus

will have a refrigerated truck to collect hams and cash donations



March 27 & 28

Saturday, 5PM - 7PM

Sunday, 7AM - 12PM

Requesting hams <u>3-10 lbs.</u>

# The Food Bank of El Dorado County

provides food assistance to those in need in El Dorado County

Thank You Holy Trinity Parish

# Holy Trinity Parish - Healthcare Corner

Brought to you by the Health Education Ministry



# Strokes - What to Know

"For I know well the plans I have in mind for you...plans for your welfare and not for woe, so as to give you a future of hope." ~ Jeremiah 29:11

**What is a stroke?** A stroke is a sudden interruption of the blood supply in the brain, usually in the form of a blocked artery or when a blood vessel bursts.

#### How can I help prevent a stroke?

- Healthy diet! Eating fresh fruits, vegetables, foods low in trans fats, saturated fats and cholesterol, foods high in fiber, limit salt.
- Maintain a healthy weight!
- Adults: 2 hours and 30 minutes of moderate physical exercise weekly, at least! (Consult your physician for your individual plan).
- No smoking, of course.
- If you drink alcohol, drink in moderation. The CDC recommends no more than two drinks per day for men and no more than one drink per day for women.

#### What increases my chances of having a stroke?

- High blood pressure, high cholesterol, diabetes, heart disease, smoking.

#### What are the warning signs of a stroke?

- Sudden **numbnes**s or weakness in the face, arm, or leg, especially on one side of the body.
- Sudden **confusion**, trouble speaking, or difficulty understanding speech.
- Sudden **trouble seeing** in one or both eyes.
- Sudden **trouble walking**, dizziness, loss of balance, or lack of coordination.
- Sudden **severe headache** with no known cause.

#### The quick test if you suspect a stroke: F.A.S.T.

**F**ace: Ask the person to smile. Is there a droop on either side of the smile?

Arms: Ask the person to raise both arms to touch their hands over their head. Are they able to do this?

**S**peech: Ask the person to repeat a word, such as "buttercup" three times. Do you notice anything strange with their speech?

**T**ime: Are any of these symptoms present? Time to call 911!!

#### For more information on stroke:

cdc.gov/stroke/prevention.htm mayoclinic.org (search "stroke") ninds.nih.gov (search "stroke") 4110 Mother Lode Dr. ◆ Shingle Springs

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